

Career Values

Here are some common factors (sometimes called career values) that people find important in their work.

- Scan the list and tick those that resonate with you. Tick as many as you like, using the first column.
- Can you choose **3 values** which you are unwilling to compromise on? List them in the 2nd table.

Tick	Value	You would like to.....
Organisation - related		
	Prestige	work at a place that is well thought of/highly regarded.
	Career path/prospects	work at an organisation with clear career progression and promotional opportunities.
	Fun	work in a department/organisation that can be light-hearted and entertaining at times.
	Recognition/Employee benefits	have your efforts and contributions noticed and recognised by money, promotion or acknowledgment.
	Diverse workforce	work with a variety of people e.g. different languages, cultures, disciplines etc.
	Money	earn, or have the potential to earn, a good income (whatever that means to you).
	Security	have a secure job, with a minimal chance of redundancy.
	Good management	work with a manager that supports you and can adapt to your style of working.
	Autonomy	be able to work independently without always having to seek permission from management.
	Work environment	work in a space that is comfortable/pleasurable to work in. This may be indoors or outdoors.
	Fair treatment	work for an employer who provides good working conditions e.g. annual leave, training and childcare.
Job – related		
	Variety of tasks and skills development	have a range of different tasks to do allowing you to develop a range of skills.
	Sense of completion	feel that you are achieving something and have a sense of completion.
	Being busy	have something to do, most of the time.
	Authority	instruct others on what to do. Being in a position of authority.
	Social status	have people think that your job is interesting/important/impressive/valuable etc.
	Helping/caring/nurturing people	assist or care for people/clients e.g. in a caring role, helping people.

	Teaching/Training	be able to pass on your knowledge/experience/expertise to others.
	Specialist	know an area in detail and be consulted as the specialist in the field.
	Creativity	work in a role where you can input new ideas and be innovative.
	Subject - related	work in an area that relates to a subject that you are interested in.
	Detail	work in situations in which attention to detail is important.
	Problem solving	work in a role where there is the opportunity to solve problems.
	Competition	work in an area where you can compete with other individuals/teams/companies.
	Face to face interaction with people	work in a role where you will be interacting with people face to face, most of the time
	Working alone	work in a role that allows you to spend most of the time working alone
Values and ethics - related		
	Colleagues/Teamwork	work with people towards a shared goal with people you feel are interesting/sociable/like you etc.
	Contribution to society	do something which contributes beneficially to society.
	Stress-free	work in a role that is relatively stress-free with little chance of disagreement.
	Work-life balance	work in a role that allows time for engagement in activities beyond 'work.'
	Predictability	work in a role that is predictable each day, with little chance of unforeseen changes.
Add your own career values, if not mentioned above.		

My top 3 values are:

1.	
2.	
3.	